



Dating Violence Warning Signs

Are you going out with someone who.....

- Is very jealous/possessive of you and who you hang out with?
- Doesn't like your friends? Your family?
- Bosses you around? Is rude/mean to servers at restaurants?
- Checks up on you? Calls you all the time? Expects you to answer?
- Won't accept breaking up?
- Makes all the decisions? Doesn't take you serious?
- You worry about how s/he will react to things you say or do?
Threatens you verbally or with weapons?
- Is violent—has a history of fighting? Gets upset easy? Brags about mistreating others? Hurts animals?
- Pressures you for sex? Thinks of you as a sex object? Tries to guilt trip you by saying "If you really loved me you would do it..."?
- Gets too serious about the relationship too fast?
- Abuses drugs or alcohol and/or pressures you to take them?
- Blames you for the arguments, they might say that you "provoked me", "pushed my buttons", "made me do it", "led me on"?
- Has a history of bad relationships and always blames other people for their problems?
- Your friends and family have warned you about the person or told you they are worried about your safety?

If any of these signs are familiar to you, you may be involved in an abusive relationship. Please contact Christine Ann Domestic Abuse Services for assistance.